



Urban Nights

Roebuck Racing Club (aka Tim Tett)

in conjunction with Dark Peak Fell Runners & South Yorkshire Orienteers
presents

Urban Nights

The winter series you've all been waiting for!

A series of running races with a dash of navigation designed to keep you on your toes – which will certainly be difficult for one of them! All races start at approx 7pm – see final details nearer the time. The series of 5 events comprises:

- 1 Wed 23rd Nov **The Great Urban Fell Race** (night version) – visit Sheffield's only Iron Age Hill Fort. Followed by a winter BBQ (**RSVP**)
- 2 Thur 15th Dec **The Springvale Spiral**- incorporating Sheffield's steepest road Followed by visit to the Blake (maybe with food)
- 3 Tues 10th Jan **The 7 Hills of Sheffield** – whatever the Roman's can do... Followed by a Curry (**RSVP**)
- 4 Thur 9th Feb (NB date change) **The North Stand** – visit the oldest football ground in the World. Followed by take away Pizza
- 5 Thur 8th March **The Kelham Island street orienteering race** – followed by Beer and Food in Sheffield's famous Real Ale pub 'The Fat Cat' (**RSVP**)

Each event will have a social element, e.g. BBQ, Pub afterwards, Curry House. Maps will be provided if you need them hence pre-entry is advisable to timtett@ttpca.force9.net .

Events 1 to 4 will start and finish at Tim Tett's house – 68 Roebuck Road, Sheffield, S6 3GQ - maps cost 50p. Event 5 will start and finish at the Kelham Island car park at the back of the Fat Cat on Alma Street – entry fee £3.

Events 1,3 & 4 have records of just over 60mins, Event 2's record is just under 30mins. Event 4 will have a range of courses – approx 25-50 mins. All events need road shoes.

The Great Urban Fell Race (and BBQ)

Wed 23rd November 2011

Final Details

Sponsored by Ron Hayman, Master Butcher of Crookes and supplier of sausages to the Great Urban Fell Race for many years.

The Race

There will be a short version for those that aren't up to the full distance and also an alternate earlier start for those that want to ensure they are back in time for the BBQ.

Long Course incorporates the infamous Crookes lamp post, Shirecliffe viewpoint as featured in the BBC's 'Threads' nuclear fallout film and Wincobank Roman Hill Fort. Mostly on roads but with some off-road sections.

Short Course will not visit Wincobank.

Starts: 7.00pm for the main race, 6.45pm available for those who want a little more time on either course

Records: Men – Rob Little around 56 mins in 2009?

Rules/Route: Long Course – visit controls 1,2 and 3. Short course – visit controls 1 and 2. Rutland Road and Herries Road must not be used as indicated on the map. You must use crossing point A and either B1 or B2 during the race – you can't use the same crossing point twice.

Maps – 50p – bring a map case.

Don't forget to bring a Head Light!

The BBQ

From 8.15 to late. Either bring your own food or pre-order Burgers and Sausages (+ bread rolls) from Tim (07771 725021 or timtett@tpca.force9.net) as supplied by our sponsor. Prices TBC.

Facilities

A Garage to change in, A Gazebo to eat under, A Chiminea to get warm from, A BBQ to cook on, A convivial atmosphere to get drunk in and a talking shop for tales of woe, exhilaration and acts of stupidity.