The Great Urban Fell Race (and BBQ)

Thurs 18th October 2012 Final Details

Sponsored by Ron Hayman, Master Butcher of Crookes and supplier of sausages to the Great Urban Fell Race for many years.

The Race

There will be a short version for those that aren't up to the full distance and also an alternate earlier start for those that want to ensure they are back in time for the BBQ.

<u>Long Course</u> incorporates 3 checkpoints – 1. the infamous Crookes lamp post, 2. Shirecliffe viewpoint as featured in the BBC's 'Threads' nuclear fallout film and 3. Wincobank Roman Hill Fort. Mostly on roads but with some off-road sections.

Short Course will not visit Wincobank.

<u>Starts:</u> 7.00pm for the main race, 6.45pm available for those who want a little more time on either course <u>Records:</u> Men – Rob Little 66.00 mins (2011)

<u>Rules/Route:</u> Long Course – visit controls 1,2 and 3. Short course – visit controls 1 and 2. Rutland Road and Herries Road must not be used as indicated on the map. You must use crossing point A and either B1 or B2 during the race – you can't use the same crossing point twice.

Maps – 50p – bring a map case.

Don't forget to bring a Head Light!

The BBQ

From 8.15 to late. Either bring your own food or pre-order Burgers and Sausages (+ bread rolls) from Tim (07771 725021 or timtett@ttpca.force9.net) as supplied by our sponsor.

Facilities

A Garage to change in, A Gazebo to eat under, A Chiminea to get warm from, A BBQ to cook on, a convivial atmosphere to get drunk in and a talking shop for tales of woe, exhilaration and acts of stupidity.

